

Cie Du Vivant Sous Les Plis  
Margot DORLEANS

# Confie

World premiere January 24, 2019  
at MuMa, Pharenheit Festival  
Le Phare/ CCN du Havre Normandi

## Credits

Conception - choreography - Margot Dorléans  
Dancers - Manon Parent & Margot Dorléans  
Outside Eye - Maxime Guillon-Roi-Sans-Sac

Text - Guillevic with the voice of Camille Kerdellant

Sound design - Laurent Durupt

Lighting design - Grégoire Desforges

Costume design - Salina Dumay

Running time - 60 min

Teaser [HTTPS://VIMEO.COM/318304820](https://vimeo.com/318304820)

Excerpt [HTTPS://VIMEO.COM/385181998](https://vimeo.com/385181998)



*Confier (Confiding)* is an intimate duo in which confidence, taking care of someone and trust are all laid out in an unflinching body-to-body contact, in the form of an embrace of the two bodies in a small space. The duo vibrates in the space via a system of sensors which pick up the sounds of the dancers' heartbeats, their breathing, their changing, supportive handholds, all harmonized and blended in real time.

An immersive, subtle journey into the essence of the relationship between two bodies in movement.

## Creator's note

In *Confier*, the central idea is about confiding in someone, giving a part of the self into the care of another person you trust. It is also about building trust in terms of the other person. The bodies seem to be turning backward, resisting the passage of time; one dancer cannot move without the other, and certainly without the risk of falling. In spite of these tensions and the constant seeking of balance, this space-time is a space for healing, well-being and sweetness where physicality reveals the humanity of this relationship.

The starting point is that of a physical embrace. The body as source material means going beyond this image so that the duet can evolve further. With a heightened awareness of their own heartbeats, the sound of their blood circulating, the dancers create a spiral looping movement phrase (the symbol for infinity) inside their own chests. And this movement sends them into a rotating traveling spiral around

themselves, all of this taking place in a reduced space of 2 square meters, slightly elevated, where the interaction of the bodies continues to change.

Each dancer approaches the body of the other like a geographical field, where the different parts of her body slide, press, find points of support to communicate with the other infra-bodily. Initially the tempo is slow, powerful; then something happens and the bodies begin supporting each other, palpating each other from within. Their movements are echoed in the space by a system of sensors which connects them acoustically and amplifies the strength of their relationship.

The acoustic set-up is a system of sensors (a stethoscope, sensors measuring the breath and pressure), in an unstable balance with the venue sound system; its principal source is the heartbeat of the choreographer and the sounds of the breathing of her partner. The role of the composer is to harmonize the acoustic blending of the different sources, accenting the various *tempi* of the choreography.

Echoing the rotating movement of the two dancers, the lighting will also be connected to the sound; the acoustic sources will affect the lighting so that it becomes like satellites, luminous bodies in orbit somewhere above the dancers. All the elements of the piece (choreographic, acoustic, lighting) are therefore interdependent, creating a specific system whose goal is to render poetic the relationship and the space; a gradual immersion into the relationship of the two women.

The structure of the work as an immersive experience means we prefer performing the work with a quadri-frontality and quadriphonic sound in and around the venue audience. It can be performed *in situ* in more open settings (museums, galleries, gardens, parks) with autonomous sound- lighting- setups not requiring complicated technical equipment.

- Margot Dorléans



# Margot DORLEANS

Margot Dorléans is involved in dance, performance and specialized body work.

She first studied ballet, earning a degree from the prestigious CNSMDP in contemporary dance in 2007. In 2008, under the auspices of a program promoting the enhancement of artistic skills at the CNSMDP, she received a grant to go to Japan to study *butoh* dance, which would have a profound effect on her creative journey.

In 2012- 2013 she participated in the Research and Choreographic Composition Program - *Transforme*, at the Abbey of Royaumont, where she began laying the ground for a choreographic project using variable geometry, called *Vertébrés (Vertebrates)*, and was awarded a grant for it from the Royaumont Foundation. In 2014, she founded her company *Du Vivant sous Les Plis (Alive under the folds)* based in Le Havre and premiered *Vertébrés* in the Pharenheit Festival at the CCN in Le Havre in January 2015. She is currently touring *Confier (Confiding)* which had its premiere in January 2019 and is preparing *Incarnation*, her next work, which will premiere in early 2021.

She also continues to perform as a dancer, working with, among others, Julie Nioche/ A.I.M.E-Association d'Individus en Mouvement Engagé, Myriam Gourfink/ LORDANSE, and Malgven Gerbes and David Brandstätter/ SHIFTS.

Dorléans is also a *shiatsu* specialist (having earned a diploma from the International *Ohashiatsu* School in 2014) and Energy Yoga, for which she studied at the French School of Yoga in Paris; these two techniques feed into and contribute to her artistic practice and explorations of the body, as well as examining its place in society.

Since 2017 she has collaborated with the artist plastician and designer Patrice Balvay with whom she explores the relationship between dance and drawing, in different *in-situ* events, both inside and outdoors (museums, galleries, installations, gardens...).

Through her choreographic process, Margot Dorléans seeks to blend her artistic and energy practices, examining the body's language, exploring its materials and freeing the potential of the living.

## Production

Du Vivant sous les Plis

## Coproduction

## Calendar

February 2- 3, World premiere- *Incarnation*, under the auspices of the Pharenheit Festival, Le Volcan - Scène nationale du Havre in partnership with Le Phare - CCN du Havre and the Théâtre des Bains Douches.

December 15 & 16, 2020, L'Étincelle, Rouen

October 20, 2020 at 2:30 PM, Avis de Grand Frais! Professional encounter at the Centre Chorégraphique National in Caen, Normandy

June 11, 2019, *Confier*, Festival June Events, Atelier de Paris CDCN in association with ODIA Normandie.

March 11- 12, 2019, *Confier*, Théâtre Le Colombier, Bagnolet

January 24, 2019, World premiere - *Confier*, at MuMa, Pharenheit Festival, Le Phare/ CCN du Havre Normandie.

Le Phare, Centre chorégraphique national du Havre Normandie, under the direction of Emmanuelle Vo-Dinh

## Residencies

Les Brigittines, Brussels

La Bazooka au Wine and Beer, Le Havre

## Co-producer

Le Colombier/ Bagnolet

*This piece is automatically eligible for the inter-regional touring structure Avis for the 2020-2021 and 2021-2022 seasons.*

## Support for the Company Du Vivant Sous Les Plis

The company Du Vivant Sous Les Plis is supported by the Département of Seine-Maritime for the creation of *Confier* and by ODIA Normandie/ Touring and Artistic Information office of Normandy.

## Contacts

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## Cie Du Vivant Sous Les Plis

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